

FIRST IMPRESSION

reflection

Objective: Students will practice creating a strong first impression through nonverbal communication, focusing on a firm handshake, confident eye contact, and a friendly smile.

EXPLANATION

Handshake: Firm but not overpowering, lasting about 2-3 seconds.

Eye Contact: Maintain steady but comfortable eye contact.

Smile: A natural, friendly smile that shows approachability.

PAIR & PRACTICE

- Practice 1:
- Practice 2:
- Practice 3:

REFLECTION:

Experience:

Tips:

ADDITIONAL NOTES: